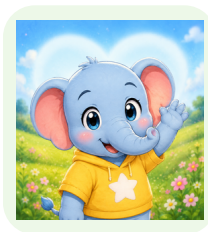


PINK BUNNY CO. PRINTABLE ACTIVITY PACK

# Healthy Habits

## WORD SEARCH PACK

STEADY HOP



Review hydration, movement, hygiene, rest, appointments, and other healthy choices.

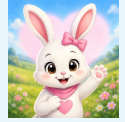
### How to use this pack

- Find each word in the letter grid. Words may go across, down, or diagonally.
- Circle or highlight words as you find them, then cross them off the list.
- Complete one word at a time. Take a break or ask for help whenever needed.
- Answer pages show the location of every hidden word.

Five activities plus answer pages • US Letter • Print at Actual Size or Fit to Page

# Drink and Eat

Healthy Habits Word Search 1 of 5



Find the words listed below. Words may be across, down, or diagonal.

|   |   |   |   |   |   |   |   |   |   |   |   |   |   |
|---|---|---|---|---|---|---|---|---|---|---|---|---|---|
| I | A | V | W | L | T | S | D | V | I | K | C | K | M |
| Q | D | R | S | M | B | J | M | U | K | M | A | X | K |
| R | N | S | I | S | R | N | V | B | E | L | G | Y | L |
| N | I | X | O | N | E | F | R | U | I | T | N | T | S |
| S | E | L | B | A | T | E | G | E | V | J | A | O | K |
| T | T | R | E | C | A | A | C | Q | M | P | Q | L | T |
| U | O | Y | C | K | W | I | Y | V | N | Y | E | F | P |
| O | R | M | F | E | O | Z | K | U | Q | Z | F | S | A |
| P | P | A | Z | H | R | J | C | J | R | S | G | G | W |
| K | S | F | C | P | M | D | D | A | W | H | R | A | R |
| T | D | D | E | L | B | O | C | R | X | F | I | W | S |
| Q | D | W | P | R | G | F | Z | O | Z | S | O | V | B |
| E | R | D | A | U | R | E | K | H | V | N | G | F | S |
| Q | P | O | M | D | J | E | G | V | U | H | A | P | L |

☐ WATER

☐ BREAKFAST

☐ VEGETABLE

☐ FRUIT

☐ PROTEIN

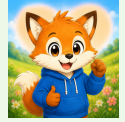
☐ SNACK

☐ PLATE

☐ CHOICE

# Move Your Body

Healthy Habits Word Search 2 of 5



Find the words listed below. Words may be across, down, or diagonal.

|   |   |   |   |   |   |   |   |   |   |   |   |   |   |
|---|---|---|---|---|---|---|---|---|---|---|---|---|---|
| W | A | L | K | I | N | G | E | C | S | O | U | H | Y |
| Y | B | A | B | A | L | A | N | C | E | K | C | A | I |
| E | S | L | W | W | J | F | E | I | S | N | X | C | W |
| F | D | X | K | K | A | E | R | B | C | X | C | S | W |
| P | F | W | F | K | M | Y | G | H | C | N | A | M | J |
| N | B | H | I | U | D | O | Y | Q | X | G | A | D | D |
| K | V | V | G | U | M | P | Y | T | K | E | Q | D | H |
| J | V | R | F | D | O | J | V | Z | T | Z | N | V | B |
| H | C | T | E | R | T | S | R | I | P | B | I | O | V |
| W | Z | C | E | V | I | T | C | A | S | Y | S | B | J |
| W | Z | F | Z | Q | O | M | V | D | G | E | X | Y | B |
| Q | Z | G | T | H | N | I | T | M | G | D | P | A | Y |
| L | W | B | C | O | O | A | G | G | O | F | W | U | H |
| Y | P | M | F | C | Z | O | M | A | E | I | O | U | B |

☐ STRETCH

☐ WALKING

☐ DANCING

☐ BALANCE

☐ MOTION

☐ ACTIVE

☐ BREAK

☐ ENERGY

# Clean and Fresh

Healthy Habits Word Search 3 of 5



Find the words listed below. Words may be across, down, or diagonal.

|   |   |   |   |   |   |   |   |   |   |   |   |   |   |
|---|---|---|---|---|---|---|---|---|---|---|---|---|---|
| L | V | N | Q | M | V | Y | F | I | C | L | C | J | S |
| R | E | W | O | H | S | U | R | B | H | T | O | O | T |
| Y | M | W | Y | G | R | T | W | W | N | X | M | J | G |
| P | R | Z | O | Y | S | F | X | A | A | A | B | I | G |
| C | E | N | I | T | U | O | R | G | F | D | E | F | V |
| A | P | G | D | Z | D | O | A | B | E | V | L | L | R |
| K | I | J | J | O | D | S | J | P | U | N | C | K | C |
| S | D | N | P | O | G | E | B | W | X | F | G | X | O |
| R | W | K | E | L | R | G | J | G | T | M | W | N | A |
| C | T | D | W | C | C | R | X | E | V | M | J | A | Z |
| C | H | W | P | F | U | T | G | L | D | F | L | Q | D |
| X | X | G | M | S | U | J | M | C | B | V | N | N | L |
| D | A | Q | F | K | N | Q | Z | E | T | E | K | L | H |
| P | H | J | E | D | N | V | Y | F | U | F | L | P | A |

☐ SHOWER

☐ TOOTHBRUSH

☐ SOAP

☐ TOWEL

☐ DEODORANT

☐ COMB

☐ CLEAN

☐ ROUTINE

# Rest and Sleep

Healthy Habits Word Search 4 of 5



Find the words listed below. Words may be across, down, or diagonal.

|   |   |   |   |   |   |   |   |   |   |   |   |   |   |
|---|---|---|---|---|---|---|---|---|---|---|---|---|---|
| X | J | F | G | Y | G | O | O | Y | T | Q | J | Z | Q |
| R | Q | M | D | P | H | T | C | C | B | P | A | N | A |
| V | D | Q | Z | K | T | S | S | N | R | X | X | R | P |
| A | E | K | N | S | K | O | L | D | D | C | X | S | J |
| S | V | Y | D | P | O | G | V | W | R | R | U | W | Y |
| R | C | O | X | C | Q | L | G | O | E | Y | Z | P | H |
| S | Y | L | C | O | E | P | P | S | A | T | K | G | F |
| U | B | X | Z | B | E | D | T | I | M | E | O | A | L |
| Z | M | X | X | A | L | E | R | O | L | I | O | G | I |
| X | K | E | Q | R | D | A | R | U | Q | L | S | O | K |
| F | H | L | S | D | I | N | N | T | U | I | O | V | U |
| G | O | H | D | M | I | X | T | K | I | W | M | W | Y |
| X | O | A | C | N | Q | Y | Q | R | E | U | N | G | O |
| T | L | A | G | R | E | N | K | O | T | T | K | G | I |

☐ BEDTIME

☐ PILLOW

☐ BLANKET

☐ QUIET

☐ RELAX

☐ DREAM

☐ MORNING

☐ RESTED

# Health Visit

Healthy Habits Word Search 5 of 5



Find the words listed below. Words may be across, down, or diagonal.

|   |   |   |   |   |   |   |   |   |   |   |   |   |   |
|---|---|---|---|---|---|---|---|---|---|---|---|---|---|
| B | G | C | U | L | L | Z | Z | Y | H | Y | Q | T | I |
| B | A | V | H | R | Z | U | E | H | Q | A | T | H | I |
| Q | J | I | M | T | R | O | P | P | U | S | I | W | Q |
| Z | M | A | Y | E | J | F | P | O | E | E | W | Z | H |
| V | E | K | G | B | D | N | U | R | S | E | N | S | T |
| P | W | D | Y | N | M | I | K | R | T | O | O | I | L |
| T | W | L | O | Z | I | H | C | N | I | R | S | J | A |
| I | Z | T | Q | F | T | O | E | I | O | Q | N | L | E |
| J | X | B | A | M | J | C | H | T | N | Z | L | M | H |
| H | F | Y | T | N | G | F | C | K | M | E | Z | G | D |
| D | C | U | K | E | P | O | A | T | R | D | N | D | A |
| H | Y | F | L | U | D | F | N | G | N | J | K | Y | V |
| Z | T | J | A | M | B | U | Y | K | B | G | J | W | X |
| O | M | A | Q | E | C | F | K | W | S | H | N | P | N |

☐ DOCTOR

☐ NURSE

☐ CHECKUP

☐ QUESTION

☐ MEDICINE

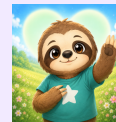
☐ ALLERGY

☐ HEALTH

☐ SUPPORT

# Word Search Answer Key

Healthy Habits • highlighted solutions



## Drink and Eat

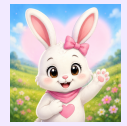
|   |   |   |   |   |   |   |   |   |   |   |   |   |   |
|---|---|---|---|---|---|---|---|---|---|---|---|---|---|
| I | A | V | W | L | T | S | D | V | I | K | C | K | M |
| Q | D | R | S | M | B | J | M | U | K | M | A | X | K |
| R | N | S | I | S | R | N | V | B | E | L | G | Y | L |
| N | I | X | O | N | E | F | R | U | I | T | N | T | S |
| S | E | L | B | A | T | E | G | E | V | J | A | O | K |
| T | T | R | E | C | A | A | C | Q | M | P | Q | L | T |
| U | O | Y | C | K | W | I | Y | V | N | Y | E | F | P |
| O | R | M | F | E | O | Z | K | U | Q | Z | F | S | A |
| P | P | A | Z | H | R | J | C | J | R | S | G | G | W |
| K | S | F | C | P | M | D | D | A | W | H | R | A | R |
| T | D | D | E | L | B | O | C | R | X | F | I | W | S |
| Q | D | W | P | R | G | F | Z | O | Z | S | O | V | B |
| E | R | D | A | U | R | E | K | H | V | N | G | F | S |
| Q | P | O | M | D | J | E | G | V | U | H | A | P | L |

## Move Your Body

|   |   |   |   |   |   |   |   |   |   |   |   |   |   |
|---|---|---|---|---|---|---|---|---|---|---|---|---|---|
| W | A | L | K | I | N | G | E | C | S | O | U | H | Y |
| Y | B | A | B | A | L | A | N | C | E | K | C | A | I |
| E | S | L | W | W | J | F | E | I | S | N | X | C | W |
| F | D | X | K | K | A | E | R | B | C | X | C | S | W |
| P | F | W | F | K | M | Y | G | H | C | N | A | M | J |
| N | B | H | I | U | D | O | Y | Q | X | G | A | D | D |
| K | V | V | G | U | M | P | Y | T | K | E | Q | D | H |
| J | V | R | F | D | O | J | V | Z | T | Z | N | V | B |
| H | C | T | E | R | T | S | R | I | P | B | I | O | V |
| W | Z | C | E | V | I | T | C | A | S | Y | S | B | J |
| W | Z | F | Z | Q | O | M | V | D | G | E | X | Y | B |
| Q | Z | G | T | H | N | I | T | M | G | D | P | A | Y |
| L | W | B | C | O | O | A | G | G | O | F | W | U | H |
| Y | P | M | F | C | Z | O | M | A | E | I | O | U | B |

# Word Search Answer Key

Healthy Habits • highlighted solutions



## Clean and Fresh

|   |   |   |   |   |   |   |   |   |   |   |   |   |   |
|---|---|---|---|---|---|---|---|---|---|---|---|---|---|
| L | V | N | Q | M | V | Y | F | I | C | L | C | J | S |
| R | E | W | O | H | S | U | R | B | H | T | O | O | T |
| Y | M | W | Y | G | R | T | W | W | N | X | M | J | G |
| P | R | Z | O | Y | S | F | X | A | A | A | B | I | G |
| C | E | N | I | T | U | O | R | G | F | D | E | F | V |
| A | P | G | D | Z | D | O | A | B | E | V | L | L | R |
| K | I | J | J | O | D | S | J | P | U | N | C | K | C |
| S | D | N | P | O | G | E | B | W | X | F | G | X | O |
| R | W | K | E | L | R | G | J | G | T | M | W | N | A |
| C | T | D | W | C | C | R | X | E | V | M | J | A | Z |
| C | H | W | P | F | U | T | G | L | D | F | L | Q | D |
| X | X | G | M | S | U | J | M | C | B | V | N | N | L |
| D | A | Q | F | K | N | Q | Z | E | T | E | K | L | H |
| P | H | J | E | D | N | V | Y | F | U | F | L | P | A |

## Rest and Sleep

|   |   |   |   |   |   |   |   |   |   |   |   |   |   |
|---|---|---|---|---|---|---|---|---|---|---|---|---|---|
| X | J | F | G | Y | G | O | O | Y | T | Q | J | Z | Q |
| R | Q | M | D | P | H | T | C | C | B | P | A | N | A |
| V | D | Q | Z | K | T | S | S | N | R | X | X | R | P |
| A | E | K | N | S | K | O | L | D | D | C | X | S | J |
| S | V | Y | D | P | O | G | V | W | R | R | U | W | Y |
| R | C | O | X | C | Q | L | G | O | E | Y | Z | P | H |
| S | Y | L | C | O | E | P | P | S | A | T | K | G | F |
| U | B | X | Z | B | E | D | T | I | M | E | O | A | L |
| Z | M | X | X | A | L | E | R | O | L | I | O | G | I |
| X | K | E | Q | R | D | A | R | U | Q | L | S | O | K |
| F | H | L | S | D | I | N | N | T | U | I | O | V | U |
| G | O | H | D | M | I | X | T | K | I | W | M | W | Y |
| X | O | A | C | N | Q | Y | Q | R | E | U | N | G | O |
| T | L | A | G | R | E | N | K | O | T | T | K | G | I |

# Word Search Answer Key

Healthy Habits • highlighted solutions



## Health Visit

|   |   |   |   |   |   |   |   |   |   |   |   |   |   |
|---|---|---|---|---|---|---|---|---|---|---|---|---|---|
| B | G | C | U | L | L | Z | Z | Y | H | Y | Q | T | I |
| B | A | V | H | R | Z | U | E | H | Q | A | T | H | I |
| Q | J | I | M | T | R | O | P | P | U | S | I | W | Q |
| Z | M | A | Y | E | J | F | P | O | E | E | W | Z | H |
| V | E | K | G | B | D | N | U | R | S | E | N | S | T |
| P | W | D | Y | N | M | I | K | R | T | O | O | I | L |
| T | W | L | O | Z | I | H | C | N | I | R | S | J | A |
| I | Z | T | Q | F | T | O | E | I | O | Q | N | L | E |
| J | X | B | A | M | J | C | H | T | N | Z | L | M | H |
| H | F | Y | T | N | G | F | C | K | M | E | Z | G | D |
| D | C | U | K | E | P | O | A | T | R | D | N | D | A |
| H | Y | F | L | U | D | F | N | G | N | J | K | Y | V |
| Z | T | J | A | M | B | U | Y | K | B | G | J | W | X |
| O | M | A | Q | E | C | F | K | W | S | H | N | P | N |