

My Daily Helper

Pink Bunny & Friends

A Power Outage



**A Social Story About
Staying Safe When the Lights Go Out**

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The Lights Turn Off



Sometimes electricity stops working and the lights and devices turn off.

Ask Together

What is the safe choice in this step?



I Pause With My Grown-Up



I stay where I am safe and listen for my trusted grown-up.

Ask Together

What could help your body during this step?



We Use a Flashlight



A battery flashlight or lantern helps us see.

Ask Together

What is the safe choice in this step?



I Avoid Unsafe Items



I do not touch outlets, wires, generators, or candles. Adults handle safety equipment.

Ask Together

What is the safe choice in this step?



We Gather Safely



We move carefully to one safe area and keep walkways clear.

Ask Together

What is the safe choice in this step?



I Find Comfort



I can hold a comfort item and tell someone how I feel.

Ask Together

What is the safe choice in this step?



I Choose a Quiet Activity



I may draw, read, talk, or use another activity that does not need electricity.

Ask Together

What is the safe choice in this step?



The Refrigerator Stays Closed



Keeping the refrigerator closed helps food stay cold longer.

Ask Together

What is the safe choice in this step?



We Wait for the Lights



A trusted adult checks updates while we wait together.

Ask Together

What could help your body during this step?





When power returns, the adult checks that things are safe and we resume our routine.

Ask Together

What safe choice are you proud of?

