

My Daily Helper

Pink Bunny & Friends

Following Directions



**A Social Story About
Understanding and Completing Helpful Steps**

1

A Helper Has Information



A trusted person may give directions that help with safety, routines, learning, or teamwork.

Ask Together

How could this step help you?



2

I Get Ready to Listen



I pause when I can and face, listen, or use the communication method that works for me.

Ask Together

How could this step help you?



I Look at the Direction



Words, gestures, objects, or picture cards can show what needs to happen.

Ask Together

How could this step help you?



I Find the First Step



I begin with one small clear step instead of thinking about everything at once.

Ask Together

How could this step help you?



I Show What I Understand



I can repeat, point to, or show the step before I begin.

Ask Together

How could this step help you?



I Complete One Step



I try the first step and use support if I need it.

Ask Together

How could this step help you?



I Check What Comes Next



I look back at the pictures or ask what happens next.

Ask Together

How could this step help you?



I Ask When I Am Confused



I can say, “Please show me,” “Say it again,” or “I need help.”

Ask Together

What words or pictures could you use?



My Helper Demonstrates



My helper can model the action without doing every part for me.

Ask Together

How could this step help you?





I understood the purpose, asked questions, and completed the helpful steps.

Ask Together

What part of this story are you proud of?

