

My Daily Helper

Pink Bunny & Friends

Going on an Airplane



**A Social Story About
Flying Safely to a New Place**

1

I Pack for My Trip



I pack clothes, communication tools, and a safe comfort item.

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Ask Together

What might happen during this step?



I Arrive at the Airport



Airports can be large and busy, so I stay with my trusted grown-up.

Ask Together

What might happen during this step?



I Go Through Security



We follow the officer's directions while our bags are checked.

Ask Together

What might happen during this step?



I Wait at the Gate



I watch for our flight and use a quiet activity while we wait.

Ask Together

What could help your body during this step?



I Board the Airplane



When our group is called, we show our passes and walk onto the plane.

Ask Together

What might happen during this step?



I Buckle My Seat Belt



I sit in my assigned seat and fasten my seat belt as shown.

Ask Together

What might happen during this step?



The Airplane Takes Off



I may hear loud sounds and feel pressure or movement.
Headphones can help.

Ask Together

What might happen during this step?



I Use My Travel Supports



I may snack, watch, draw, rest, or hold my comfort item.

Ask Together

What might happen during this step?



I Ask for Help



A trusted grown-up or flight attendant can answer questions and support me.

Ask Together

What words, pictures, or gestures could you use?





The plane landed, I waited to exit, and I completed my journey safely.

Ask Together

What part of this experience are you proud of?

