

My Daily Helper

Pink Bunny & Friends

Losing a Game



**A Social Story About
Handling the End of a Game Safely**

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We Begin the Game



I play by the agreed rules with friends, family, or classmates.

Ask Together

How could this step help you?



I Take My Turns



I wait, move my pieces, and make choices when it is my turn.

Ask Together

How could this step help you?



Someone Else Wins



Sometimes another person reaches the finish or earns more points.

Ask Together

How could this step help you?



I Feel Disappointed



I may feel sad, angry, or frustrated when I lose.

Ask Together

How could this step help you?



I Pause and Breathe



I keep the pieces and people safe while I let my body settle.

Ask Together

What helps your body during this step?



I Use Kind Words



I can say, “Good game,” or communicate that I need a moment.

Ask Together

What words or pictures could you use?



I Congratulate the Winner



I can notice the other person's effort without pretending I am not disappointed.

Ask Together

How could this step help you?



We Put the Game Away



We return the pieces to the box so they are ready for another time.

Ask Together

How could this step help you?



I Choose What Comes Next



I may play again, choose another game, or take a break.

Ask Together

How could this step help you?





Winning and losing are both parts of games. I handled the ending safely.

Ask Together

What part of this story are you proud of?

