

# My Daily Helper

Pink Bunny & Friends

## Making a Mistake



**A Social Story About  
Learning, Repairing, and Trying Again**

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## Everyone Makes Mistakes



Mistakes happen when people learn, work, play, and try new things.

**Ask Together**

**How could this step help you?**



## I Notice the Mistake



I may see that my answer, picture, action, or plan did not work as expected.

### **Ask Together**

**How could this step help you?**



## I May Feel Worried



I may feel embarrassed, frustrated, or afraid. My feeling is okay.

### **Ask Together**

**How could this step help you?**



## I Pause and Breathe



I take a slow breath and remind myself that I am still safe.

### **Ask Together**

**What helps your body during this step?**



## I Say What Happened



I can say or show, "I made a mistake," without blaming myself.

### **Ask Together**

**How could this step help you?**



## I Look for Choices



I might erase, tape, replace, apologize, clean up, or begin again.

### **Ask Together**

**How could this step help you?**



## I Try a Repair



I choose one repair and try it one step at a time.

### **Ask Together**

**How could this step help you?**



## I Ask for Help



A trusted person can explain, demonstrate, or help me fix part of the problem.

### **Ask Together**

**What words or pictures could you use?**



## I Keep Learning



My mistake can teach me something. I continue when I am ready.

### **Ask Together**

**How could this step help you?**



## Great Job - I Tried Again!



I noticed, repaired, asked for help, or tried again. That is brave learning.

### **Ask Together**

**What part of this story are you proud of?**

