

My Daily Helper

Pink Bunny & Friends

Meeting a New Caregiver



**A Social Story About
Building Safety and Trust One Step at a Time**

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I Learn About the New Caregiver



A familiar adult shows me a photo or picture plan before the new caregiver comes.

Ask Together

What could you do during this step?



The Caregiver Arrives



The new caregiver arrives at the agreed time and meets us in a familiar place.

Ask Together

What could you do during this step?



We Are Introduced



My familiar adult shares names and stays while we get comfortable.

Ask Together

What could you do during this step?



I Choose a Greeting



I may speak, wave, smile, or greet quietly. I do not have to hug.

Ask Together

What words, pictures, or gestures could you use?



They Learn About Me



The caregiver learns my communication, safety, sensory, food, and comfort needs.

Ask Together

What could you do during this step?



We Review My Routine



We look at the schedule and how to contact my trusted adult.

Ask Together

What could you do during this step?



We Try a Familiar Activity



A preferred game, book, or activity helps us practice being together.

Ask Together

What could you do during this step?



I Ask for Help or a Break



I communicate if I am confused, uncomfortable, or need support.

Ask Together

What words, pictures, or gestures could you use?



My Familiar Adult Follows the Plan



My familiar adult leaves or steps away only as planned, and I know when they return.

Ask Together

What could you do during this step?





Trust can grow slowly. I communicated and practiced with a safe caregiver.

Ask Together

What part of this story are you proud of?

