

My Daily Helper

Pink Bunny & Friends

Moving to a New Home



**A Social Story About
Preparing for a New Place to Live**

I Learn About the Move



My trusted adult uses pictures and dates to explain that we will live somewhere new.

Ask Together

What could you do during this step?



I Have Many Feelings



I may feel excited, sad, worried, curious, or several feelings together.

Ask Together

What could help with this feeling?



We Pack Our Things



We sort belongings and pack them one group at a time.

Ask Together

What could you do during this step?



I Make a Comfort Box



My comfort box keeps favorite and important items easy to find.

Ask Together

What could you do during this step?



I Say Goodbye to My Room



I may take a photo, draw a picture, or have a quiet goodbye.

Ask Together

What words, pictures, or gestures could you use?



We Travel to the New Home



I stay with my trusted people during the trip.

Ask Together

What could you do during this step?



I Explore Safely



Together we find my room, bathroom, exits, and safe family spaces.

Ask Together

What could you do during this step?



I Unpack Familiar Things



We unpack comfort items and necessary supplies first.

Ask Together

What could you do during this step?



We Keep Helpful Routines



Meals, bedtime, communication, and calming routines help the new place feel familiar.

Ask Together

What could you do during this step?



Great Job - I Am Making a New Home!



Home can become familiar over time. My memories from the old home still matter.

Ask Together

What part of this story are you proud of?

