

My Daily Helper

Pink Bunny & Friends

Moving to the Next Activity



**A Social Story About
Making Transitions One Step at a Time**

1

I Am Doing an Activity



I may be playing, learning, eating, or doing another activity.

Ask Together

How could this step help you?



I Check What Comes Next



My picture schedule or helper shows me what will happen next.

Ask Together

How could this step help you?



3

I Get a Warning



A timer or reminder gives my brain time to prepare for the change.

Ask Together

How could this step help you?



I Finish One Last Part



I complete one final safe step instead of starting something new.

Ask Together

How could this step help you?



5

I Clean Up



I put away the materials I used. Someone can help if the job is big.

Ask Together

How could this step help you?



I Mark It Finished



I move or check the picture to show that the activity is finished.

Ask Together

How could this step help you?



I Use a Transition Item



A small safe item may help me move from one place to another.

Ask Together

How could this step help you?



I Walk to the Next Place



I travel safely with my helper to the next activity area.

Ask Together

How could this step help you?



I Get Ready



I sit, stand, or gather the materials I need for the new activity.

Ask Together

How could this step help you?





I finished one activity and began another. Every successful step counts.

Ask Together

What part of this story are you proud of?

