

My Daily Helper

Pink Bunny & Friends

Riding in the Car



**A Social Story About
Traveling Safely to My Destination**

I Learn Where We Are Going



A grown-up tells or shows me where we are going.

Ask Together

What might happen during this step?



I Bring What I Need



I may bring headphones, water, or a safe comfort item.

Ask Together

What might happen during this step?



3

I Get Into My Seat



I climb into the correct car seat or vehicle seat.

Ask Together

What might happen during this step?



I Buckle Safely



A trusted grown-up checks that my harness or seat belt fits correctly.

Ask Together

What might happen during this step?



The Car Begins to Move



I may hear the engine and feel turns, bumps, starts, and stops.

Ask Together

What might happen during this step?



I Keep My Body Safe



I stay buckled and keep hands, feet, and objects inside the car.

Ask Together

What might happen during this step?



I Use a Travel Activity



I may listen, look outside, or use a safe quiet activity.

Ask Together

What might happen during this step?



I Ask About the Trip



I can ask how much longer or use a picture or timer.

Ask Together

What words, pictures, or gestures could you use?



We Arrive



The car parks safely. I wait for my grown-up before getting out.

Ask Together

What might happen during this step?



Great Job - I Rode Safely!



I stayed buckled and used my supports until we arrived.

Ask Together

What part of this experience are you proud of?

