

My Daily Helper

Pink Bunny & Friends

Severe Weather



**A Social Story About
Following My Weather Safety Plan**

We Check the Weather



A trusted adult checks the weather and tells me if we need a safety plan.

Ask Together

What is the safe choice in this step?



I Notice the Storm



I may see dark clouds, rain, lightning, or strong wind.

Ask Together

What is the safe choice in this step?



A Grown-Up Explains the Plan



The adult uses simple words or pictures to show what we will do.

Ask Together

What is the safe choice in this step?



I Gather Helpful Things



I may bring shoes, headphones, a communication tool, or a comfort item.

Ask Together

What is the safe choice in this step?



We Go to the Safe Room



We move to the planned interior room or shelter.

Ask Together

What is the safe choice in this step?



I Stay Away From Windows



I sit in the safe place and follow the adult's directions.

Ask Together

What is the safe choice in this step?



I Use My Calming Tools



Slow breaths, a blanket, headphones, or a quiet activity may help.

Ask Together

What could help your body during this step?



We Wait Together



We remain in the safe area until an official all-clear or trusted adult says it is safe.

Ask Together

What could help your body during this step?



The Storm Passes



The adult checks our surroundings before we leave the safe room.

Ask Together

What is the safe choice in this step?





I stayed with my helper and used the weather plan one step at a time.

Ask Together

What safe choice are you proud of?

