

My Daily Helper

Pink Bunny & Friends

Solving a Disagreement



**A Social Story About
Finding a Fair Way Forward**

We Want Different Things



People may have different ideas about a game, project, plan, or shared item.

Ask Together

What could you do during this step?





We stop before the disagreement becomes bigger.

Ask Together

What could help with this feeling?



I Name My Feeling



I notice and communicate whether I feel frustrated, worried, or disappointed.

Ask Together

What could help with this feeling?



I Explain My View



I use calm words or pictures to explain what I want and why.

Ask Together

What could you do during this step?



I Listen to Their View



I give the other person time to explain their needs.

Ask Together

What could you do during this step?



We Find Our Shared Goal



We identify what both of us want to accomplish.

Ask Together

What could you do during this step?



We Think of Choices



We think of taking turns, combining ideas, using a timer, or asking for help.

Ask Together

What could you do during this step?



We Choose a Solution



We agree on one fair choice or ask a trusted adult to help.

Ask Together

What could you do during this step?



We Try the Plan



We try the plan and adjust it if it does not work.

Ask Together

What could you do during this step?





We did not need identical ideas to cooperate respectfully.

Ask Together

What part of this story are you proud of?

