

My Daily Helper

Pink Bunny & Friends

Staying at a Hotel



**A Social Story About
Sleeping Safely Away From Home**

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I Pack for the Hotel



I pack clothes, toiletries, and things that help me feel comfortable.

Ask Together

What might happen during this step?



I Arrive at the Lobby



I stay with my trusted grown-up in the hotel lobby.

Ask Together

What might happen during this step?



We Check In



The desk helper gives my grown-up a room key and information.

Ask Together

What might happen during this step?



I Travel to the Room



We use the elevator or stairs and find the room number.

Ask Together

What might happen during this step?



I Explore the Room



With my grown-up, I look at the bed, bathroom, lights, and safe exits.

Ask Together

What might happen during this step?



I Notice What Is Different



The room may sound, smell, or look different from home.

Ask Together

What might happen during this step?



I Unpack My Comfort Items



I place familiar items where I can find them.

Ask Together

What might happen during this step?



I Follow My Bedtime Routine



I wash, brush my teeth, change, and settle into bed.

Ask Together

What might happen during this step?



I Use a Quiet Hotel Voice



I keep shared hallways calm so other guests can rest.

Ask Together

What could help your body during this step?



Great Job - I Stayed at a Hotel!



I slept away from home, checked out, and left with my belongings.

Ask Together

What part of this experience are you proud of?

