

My Daily Helper

Pink Bunny & Friends

Taking Medicine Safely



**A Social Story About
Using Medicine Only With a Trusted Adult**

I May Need Medicine



Medicine can help my body when a doctor or caregiver says it is appropriate.

Ask Together

What is the safe choice in this step?



A Grown-Up Checks the Plan



A trusted adult checks which medicine, how much, and when it should be used.

Ask Together

What is the safe choice in this step?



The Label Is Read



The adult reads the label and checks my name and instructions.

Ask Together

What is the safe choice in this step?



The Dose Is Measured



Only the trusted adult measures the correct amount.

Ask Together

What is the safe choice in this step?



I Ask About the Medicine



I can ask what the medicine does and tell the adult about allergies or discomfort.

Ask Together

What words, pictures, or gestures could you use?



I Take It From My Trusted Adult



I never take, share, or taste medicine by myself.

Ask Together

What is the safe choice in this step?



I Use an Approved Drink



If the adult says it is okay, a preferred drink or flavor may help afterward.

Ask Together

What is the safe choice in this step?



Medicine Is Locked Away



The adult closes and stores medicine where children cannot reach it.

Ask Together

What is the safe choice in this step?



I Rest and Get Checked



I rest while my adult watches how I feel and contacts a clinician if needed.

Ask Together

What is the safe choice in this step?





I communicated and took only the medicine prepared for me by a trusted adult.

Ask Together

What safe choice are you proud of?

