

My Daily Helper

Pink Bunny & Friends

Using a Public Bathroom



**A Social Story About
Staying Safe and Clean Away From Home**

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I Notice I Need the Bathroom



My body gives me clues when I need to use the bathroom.

Ask Together

What might happen during this step?



I Tell My Trusted Person



I say, point, or use my device to tell my trusted person.

Ask Together

What words, pictures, or gestures could you use?



We Find the Bathroom



We follow signs and stay together until we reach the bathroom.

Ask Together

What might happen during this step?



I Choose a Safe Stall



I close and lock the stall when appropriate so my body has privacy.

Ask Together

What words, pictures, or gestures could you use?



I Use the Toilet



I use the toilet and clean my body. I can ask for help.

Ask Together

What might happen during this step?



I Prepare for Loud Sounds



Public toilets and dryers may be loud. I can cover my ears or use headphones.

Ask Together

What might happen during this step?



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I Wash With Soap and Water



I wash every part of my hands to remove germs.

Ask Together

What might happen during this step?



I Dry My Hands



I choose a towel or dryer and use the option that works for me.

Ask Together

What might happen during this step?



I Rejoin My Group



I leave with my trusted person and return to the activity.

Ask Together

What might happen during this step?



Great Job - I Used a Public Bathroom!



I listened to my body and completed the steps away from home.

Ask Together

What part of this experience are you proud of?

