

# My Daily Helper

Pink Bunny & Friends

## Visiting a New Place



**A Social Story About  
Exploring Somewhere Unfamiliar**

1

## I Learn About the New Place



New places can feel exciting, uncertain, or both.

### Ask Together

What might happen during this step?



## I Look at Pictures



Pictures or a map can show the entrance, rooms, and activities.

### **Ask Together**

**What might happen during this step?**



## I Pack Helpful Things



I bring communication tools, headphones, or a comfort item.

### **Ask Together**

**What might happen during this step?**





My trusted person stays with me and helps me understand the plan.

**Ask Together**

**What might happen during this step?**



## I Pause and Look Around



I notice the sights, sounds, smells, people, and safe exits.

### Ask Together

What might happen during this step?



## I Ask What Happens Next



I can ask, point, or use my device to learn the next step.

### **Ask Together**

**What words, pictures, or gestures could you use?**



## I Try One Small Step



I explore at a pace that works for my body. Small steps count.

### Ask Together

What might happen during this step?



## I Take a Break if Needed



I can move to a quieter spot and return when I am ready.

### Ask Together

What might happen during this step?



## I Finish the Visit



We gather our belongings and follow the plan for leaving.

### **Ask Together**

**What might happen during this step?**



## Great Job - I Explored!



I visited somewhere unfamiliar and used the supports I needed.

### Ask Together

What part of this experience are you proud of?

